

**The Eight Annual  
2009  
PowerSox  
United States National Snowshoe  
Championship  
Race Results  
*March 8, 2009***

White River Snow Park on the flanks of Mount Hood just outside of Portland  
Oregon

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## Participation in the National Champs. Events by State/Country

State	# Participants
Oregon	21
New York	18
Minnesota	12
Colorado	12
Massachusetts	8
California	7
Wisconsin	5
Washington	5
Vermont	3
Nevada	3
Michigan	2
Alaska	1
Idaho	1
South Dakota	1
Pennsylvania	1
Wyoming	1
Utah	1
Iowa	1
Texas	1
Florida	1
Canada	2



2009 U.S. National Snowshoe Teams			
<b>Junior Boys</b>			
Place	Name	State	Time
Champion	Nathaniel Burrell	AK	37:19
2	Josiah Heil	WI	55:49
<b>Junior Girls</b>			
Place	Name	State	Time
Champion	Michayla Heil	WI	47:41
<b>Senior Men</b>			
Place	Name	State	Time
Champion	Peter Fain	CA	44:30
2	Kelly Mortenson	MI	45:01

<b>3</b>	Charlie Wertheim	CO	46:11
<b>4</b>	DJ Snyder	ID	46:34
<b>5</b>	Robert Bolton	SD	47:48
<b>Senior Women</b>			
<b>Place</b>	<b>Name</b>	<b>State</b>	<b>Time</b>
<b>Champion</b>	Brandy Erholtz	CO	51:58
<b>2</b>	Sonja Wieck	CO	58:37
<b>3</b>	Casey Shea	CO	58:39
<b>4</b>	Christy Runde	WA	58:57
<b>5</b>	Cheryl Paulson	CO	1:00.58

## **2009 Senior 10k National Championship Serial Results**

### **Men**

<b>Place</b>	<b>Name</b>	<b>State</b>	<b>Gender</b>	<b>Age Group</b>	<b>Time</b>
1	Peter Fain	CA	M	35-39	44:30
2	Kelly Mortenson	MN	M	35-39	45:01
3	Charlie Werheim	CO	M	45-49	46:11
4	DJ Snyder	ID	M	20-24	46:34
5	Robert Bolton	SD	M	45-49	47:48
6	Dave Dunham	MA	M	45-49	47:54
7	Aaron Rogerston	NY	M	30-34	49:01
8	Mark McManus	CA	M	35-39	49:13
9	Daren Brungardt	CO	M	25-29	49:42
10	Sylvester Coons	NV	M	35-39	50:18
11	Trever Coolidge	OR	M	25-29	50:33
12	Ridhard Bolt	OR	M	35-39	50:54
13	Kevin Guiberson	WA	M	40-44.	51:23
14	Jeremy Drowne	NY	M	30-34	51:27
15	Matt Westerland	NY	M	35-39	51:54
16	Nathan Huckle	NY	M	30-34	52:10
17	Jason Bond	MN	M	30-34	52:26
18	Mark Robins	OR	M	35-39	52:37
19	Andrew Kless	NY	M	20-24	53:41
20	Kevin Cooper	OR	M	35-39	53:54

21	Charlie Andrews	NY	M	50-54	54:04
22	David Delmore	OR	M	20-24	54:33
23	Frank Mungeam	OR	M	45-49	55:06
24	Barry Klettke	WA	M	50-54	55:49
25	Bob Cooper	CO	M	60-64	55:57
26	Robert Lang	BC	M	50-54	56:00
27	Kenny Brown	CA	M	40-44	56:33
28	Ben Volk	WA	M	40-44	56:50
29	John Kann	WI	M	55-59	58:05
30	Greg Crego	NY	M	40-44	58:26
31	Mark Rickman	CO	M	45-49	58:51
32	Wayne Cottrell	CA	M	45-49	59:39
33	Gregory Luna	PA	M	40-44	1:00:12
34	Jay Curry	MA	M	35-39	1:00:17
35	Robert Dion	VT	M	50-54	1:00:20
36	Judd Johnston	MI	M	55-59	1:00:20
37	Jim McDonell	MN	M	55-59	1:00:21
38	Steven Heil	WI	M	40-44	1:00:28
39	Johnathan Beck	OR	M	25-29	1:00:29
40	Patrick Smith	MA	M	45-49	1:01:21
41	Adam Chase	CO	M	40-44	1:01:37
42	Michael Cobb	OR	M	35-39	1:03:14
43	Brent Weigner	WY	M	60-64	1:03:46
44	Aable Cook	OR	M	45-49	1:03:51
45	Steven Rivers	NY	M	45-49	1:04:00
46	Pete Peter	MN	M	50-54	1:04:05
47	Jim Graupner	MN	M	65-69	1:04:40
48	Bill Morse	MA	M	55-59	1:05:00
49	Lucas Will	OR	M	25-29	1:06:01
50	Tim Ratowski	NY	M	35-39	1:07:47
51	Michael Burke	OR	M	25-29	1:08:11
52	Daniel Cooper	MA	M	35-39	1:09:43
53	Mort Nace	NY	M	40-44	1:09:47
54	Robert Creer	UT	M	60-64	1:09:59
55	Casey Gatz	OR	M	25-29	1:10:01
56	Richard Lovett	OR	M	55-59	1:10:04
57	Ken Schaible	NY	M	45-49	1:10:07
58	John Del Toro	MN	M	45-49	1:10:17
59	Roger De Groot	IA	M	65-69	1:10:52
60	John Pelton	VT	M	70-74	1:12:08
61	Mike Most	WI	M	55-59	1:13:37

62	David Agar	ON	M	45-49	1:13:58
63	Jamie Laird	OR	M	35-39	1:15:52
64	Keith Johnson	WA	M	60-64	1:16:40
65	Jim Meskimen	CA	M	65-69	1:18.06
66	Christopheer Kinner	MN	M	30-34	1:18:08
67	Tyler Hoskins	OR	M	20-24	1:19.22
68	Bob Durband	MN	M	65-69	1:30:24
69	Richard Busa	MA	M	80-84	2:04.18

## Women

Place	Name	State	Gender	Age Group	Time
1	Brandy Ereholtz	CO	F	30-34	51:58
2	Sonja Wieck	CO	F	30-34	58:37
3	Casey Shea	CO	F	20-24	58:39
4	Christy Runde	WA	F	40-44	58:57
5	Cheryl Paulson	CO	F	45-49	1:00:58
6	Myra Klettke	OR	F	45-49	1:01.36
7	Laurie Lambert	TX	F	45-49	1:03.41
8	Paty Strudevand	OR	F	40-44	1:05.15
9	Lynanne Lorenz	NY	F	30-34	1:05.17
10	Burke Duncan	OR	F	25-29	1:05.18
11	Cecilia Walker	FL	F	45-49	1:07.04
12	Kimberleigh Field	NV	F	35-39	1:07.15
13	Emily Flagg	NY	F	35-39	1:07.19
14	Sherry Hecker	NY	F	35-39	1:09.21
15	Kaitlyn Sennett	NY	F	20-24	1:09.50
16	Mary Ross Mortenson	MN	F	40-44	1:12.35
17	Cindy Cain	MA	F	50-54	1:13.04
18	Erika Kikuchi	CA	F	30-34	1:13.25
19	JoAnn Ellero	NV	F	40-44	1:15.25
20	Micki Kinner	CO	F	25-29	1:15:57
21	Andrea Kinzey-Wheeler	CO	F	45-49	1:17:20
22	Kristi Speer	MI	F	25-29	1:20.53
23	Georgia Nothdurft	MN	F	60-64	1:21.25
24	Denise Dion	VT	F	50-54	1:23.34
25	Stephanie Cooper	MA	F	40-44	1:24:20
26	Dale Davis	OR	F	25-29	1:24:34
27	Page Kinner	MN	F	30-34	1:24.43
28	Chary Griffin	NY	F	60-64	1:25.00
29	Amelia Forney	CA	F	20-24	1:25.42
30	Diane Gray	NY	F	45-49	1:26:09

31	Jolene Wright	MN	F	50-54	1:30:07
32	Jennifer Finley	OR	F	30-34	1:31:19
33	Mary Rivers	NY	F	45-49	1:36:09
34	Karen Meskimen	CA	F	55-59	1:40:17
35	Renee Laird	OR	F	30-34	1:41:10
36	Jacqueline Nunes	CO	F	45-49	1:53:17

### Citizen's 5K

#### Citizen's 5K Snowshoe Run/Walk

Place	Name	City	Time
1	Kyle Boe	Vancouver WA	43:12
2	Mike Tyler	Salem OR	43:25
3	Jaysun Pyatt	Vancouver WA	44:57
4	Bryan Westby	Portland OR	47:35
5	Andy Pasternak	Reno NV	51:57
6	David Cummings		55:02
7	Markus Dunamel		55:13
8	Steve Walker	Portland OR	56:47
9	Sarah Bobbe	Vancouver WA	57:30
10	Allison Clark	Vancouver WA	58:06
11	John Letts	Troutdale OR	1:06.37
12	Jessi Hales	Vancouver WA	1:08.15
13	Laura Coughlin	Beaverton OR	1:09.15
14	Brad Garber	Lake Oswego OR	1:09.22
15	Maureen Forney	San Leandro CA	1:14.53
16	Steve Balough	Tigard OR	1:15.40

### Kid's Kilo

#### Girls

<b>Gold</b>	Emma Stephens	WA
<b>Silver</b>	Regan Volk	WA

## 2009 USSSA Senior 10k National Championships Results by Age Category

[Jump to Senior Women](#)

## Jump to Senior Men

<b>Age Group</b>	<b>Category</b>
20-24	M 1
25-29	M 2
30-34	M 3
35-39	M 4
40-44	M 5
45-49	M 6
50-54	M 7
55-59	M 8
60-64	M 9
65-69	M 10
70-74	M 11
75+	M 12

### Senior Men Age Groups

#### Men 20-24 yrs. of age:

<b>Place</b>	<b>Name</b>	<b>State</b>	<b>Time</b>
<b>Gold</b>	Andrew Kless	NY	53:41
<b>Silver</b>	David Delmore	OR	54:33
<b>Bronze</b>	Tyler Hoskins	OR	1:19.22

#### Men 25-29 yrs. of age:

<b>Place</b>	<b>Name</b>	<b>State</b>	<b>Time</b>
<b>Gold</b>	Darren Brungardt	CO	49:42
<b>Silver</b>	Trevor Coolidge	OR	50:33
<b>Bronze</b>	Jonathan Beck	OR	1:01.21

#### Men 30-34 yrs. of age:

<b>Place</b>	<b>Name</b>	<b>State</b>	<b>Time</b>
<b>Gold</b>	Aaron Robertson	NY	49:01
<b>Silver</b>	Jeremy Drowne	NY	51:27
<b>Bronze</b>	Nathan Huckle	NY	52:10

#### Men 35-39 yrs. of age:

<b>Place</b>	<b>Name</b>	<b>State</b>	<b>Time</b>
<b>Gold</b>	Mark McManus	CA	49:13

<b>Silver</b>	Sylvester Coons	NV	50.18
<b>Bronze</b>	Rich Bolt	OR	50.54

**Men 40-44 yrs. of age:**

<b>Place</b>	<b>Name</b>	<b>State</b>	<b>Time</b>
<b>Gold</b>	Kevin Guiberson	WA	51:23
<b>Silver</b>	Kenny Brown	CA	56:33
<b>Bronze</b>	Ben Volk	WA	56:50

**Men 45-49 yrs. of age:**

<b>Place</b>	<b>Name</b>	<b>State</b>	<b>Time</b>
<b>Gold</b>	Dave Dunham	MA	47:54
<b>Silver</b>	Frank Mungeam	OR	55:06
<b>Bronze</b>	Mark Rickman	CO	58:51

**Men 50-54 yrs. of age:**

<b>Place</b>	<b>Name</b>	<b>State</b>	<b>Time</b>
<b>Gold</b>	Charlie Andrews	NY	54:04
<b>Silver</b>	Barry Klettke	WA	55:49
<b>Bronze</b>	Robert Dion	VT	1:00.21

**Men 55-59 yrs. of age:**

<b>Place</b>	<b>Name</b>	<b>State</b>	<b>Time</b>
<b>Gold</b>	John Kann	WI	58:05
<b>Silver</b>	Judd Johnston	MI	1:00.20
<b>Bronze</b>	Jim McDonell	MN	1:00.21

**Men 60-64 yrs. of age:**

<b>Place</b>	<b>Name</b>	<b>State</b>	<b>Time</b>
<b>Gold</b>	Bob Cooper	CO	55:57
<b>Silver</b>	Brent Weigner	WY	1:03.46
<b>Bronze</b>	Robert Creer	UT	1:09.59

**Men 65-69 yrs. of age:**

<b>Place</b>	<b>Name</b>	<b>State</b>	<b>Time</b>
<b>Gold</b>	Jim Graupner	MN	1:04.40
<b>Silver</b>	Roger De Groot	IA	1:10.52
<b>Bronze</b>	Jim Meskimen	CA	1:18.06



### Men 70-74 yrs. of age

Place	Name	State	Time
Gold	John Pelton	VT	01:12.1

### Men 80-84 yrs. of age

Place	Name	State	Time
Gold	Richard Busa	MA	2:04.18

## Senior Women Age Groups

### Women 20-24

Place	Name	State	Time
Gold	Kaitlyn Sennett	NY	1:09.50
Silver	Amelia Forney	CA	1:25.42

### Women 25-29 yrs.:

Place	Name	State	Time
Gold	Burke Duncan	OR	OR 1:05.18
Silver	Nicole Kinner	CO	1:15.57
Bronze	Kristi Speer	MI	1:20.53

### Women 30-34 yrs.:

Place	Name	State	Time
Gold	Lynann Lorenz	NY	1:05.17
Silver	Erika Kikuchi	CA	1:13.25
Bronze	Page Kinner	MN	1:24.43

### Women 35-39 yrs.:

Place	Name	State	Time
Gold	Kimberleigh Field	NV	1:07.15
Silver	Emily Flagg	NY	1:07.19
Bronze	Sherry Hecker	NY	1:09.21

### Women 40-44 yrs.:

Place	Name	State	Time
<b>Gold</b>	Patty Sturdevant	OR	1:05.15
<b>Silver</b>	Mary Ross Mortenson	MN	1:12.35
<b>Bronze</b>	JoAnn Ellero	NV	1:15.25

<b><u>Women 45-49 yrs.:</u></b>			
Place	Name	State	Time
<b>Gold</b>	Myra Klettke	OR	1:01.36
<b>Silver</b>	Laurie Lambert	TX	1:03.41
<b>Bronze</b>	Cecilia Walker	FL	1:07.04

<b><u>Women 50-54 yrs.:</u></b>			
Place	Name	State	Time
<b>Gold</b>	Cindy Cain	CO	1:13.04
<b>Silver</b>	Denise Dion	VT	1:23.34
<b>Bronze</b>	Jolene Wright	MN	1:30.07

<b><u>Women 60-64 yrs. of age</u></b>			
Place	Name	State	Time
<b>Gold</b>	Georgia Nothdurft	MN	1:21.25
<b>Silver</b>	Chary Griffin	NY	1:25.00

## **2009 USSSA Junior 5k National Championship Results**

**[Jump to Jr. Women](#)**

**[Jump to Jr. Men](#)**

**Junior Women**

**Junior Men**

## 2009 USSSA National Championship Best Overall Sr. 10k

### [Jump to Women's Overall](#)

### [Jump to International Competitors](#)

#### Senior Men Overall

Senior Men			
Place	Name	State	Time
<b>Champion</b>	Peter Fain	CA	44:30
<b>2</b>	Kelly Mortenson	MI	45:01
<b>3</b>	Charlie Wertheim	CO	46:11
<b>4</b>	DJ Snyder	ID	46:34
<b>5</b>	Robert Bolton	SD	47:48

#### Senior Women Overall

Senior Women			
Place	Name	State	Time
<b>Champion</b>	Brandy Erholtz	CO	51:58
<b>2</b>	Sonja Wieck	CO	58:37
<b>3</b>	Casey Shea	CO	58:39
<b>4</b>	Christy Runde	WA	58:57
<b>5</b>	Cheryl Paulson	CO	1:00.58

#### International Competitors

##### Men

Place	Name	State	Time
<b>Gold</b>	Robert Lang	British Columbia, Canada	56:00
<b>Silver</b>	David Agar	Ontario, Canada	1:13.58

## 2009 USSSA National Championship Relay Results

### **3x2.5k Relay Men**

<b>Gold</b>	Team Livsey		54:20
<b>Silver</b>	Team Coons	NV	54:40
<b>Bronze</b>	Team CRV		55:39
<b>4th</b>	Team McDonnell	MN	1:02.46
<b>5th</b>	Team Meade		1:07.43

#### **Mixed Teams**

<b>Gold</b>	Team Reed	CA	NT
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### **Senior Women's Regional Results**

<b>Place</b>	<b>Region</b>	<b>Points</b>
1	Rocky Mt	18
2	Western	40
3	Northeastern	62
4	North Central	90
5	Alaska	INC

### **Senior Men's Regional Results**

<b>Place</b>	<b>Region</b>	<b>Points</b>
1	Western	34
2	Northeastern	52
3	North Central	58
4	Rocky Mt	66
5	Alaska	INC

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