

2004 Nike ACG National Snowshoe Racing Championships

The Fourth Annual 2004 Nike ACG U.S. National Snowshoe Championships was hosted by the Resort at Squaw Creek (www.squawcreek.com) in the Lake Tahoe region of California on Sunday March 7th, 2004

[Results of the race by Age Group](#)

[Results in Order of Finish](#)

[Participation numbers by State](#)

[List of Athletes that Qualified in 2004](#)

[Course Information](#)

We wish to thank Nike ACG for being our Title Sponsor again this year

**We'd also like to thank the People of the Lake Tahoe Area and
the Resort at Squaw Creek
for hosting the 2004 Championships**

For information on the Lake Tahoe area please visit the websites below

Reno Chamber of Commerce - www.reno-sparkschamber.org
 Lake Tahoe Visitors Authority - www.attahoe.com
 Reno-Sparks Convention & Visitors Authority
 - www.renolaketahoe.com/about/
 Reno Tahoe International Airport - www.renoairport.com/
 No Stress Express - www.nostressexpress.com
 Lake Tahoe Chamber of Commerce - www.tahoechamber.org

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Participation by State

| | |
|---------------|----|
| Colorado | 21 |
| New York | 13 |
| California | 12 |
| Massachusetts | 10 |
| Oregon | 5 |
| Nevada | 4 |
| Michigan | 3 |
| Alaska | 3 |
| Vermont | 2 |
| Utah | 2 |
| Wisconsin | 2 |
| Minnesota | 2 |
| Idaho | 1 |
| Wyoming | 1 |
| Texas | 1 |
| Washington | 1 |
| Connecticut | 1 |
| New Hampshire | 1 |
| Canada | 2 |
| <hr/> | |
| Total | 87 |

Course Information

Course Description

There is a wide open start that funnels down to a trail about 10ft wide over a distance of 200 yards. Plenty of time to jockey for position. The course immediately climbs. For one mile you will follow groomed switch backs with a total climb of about 750 ft. Once on top the trail cuts into the woods where it is then unpacked powder for one mile (there might be a snowmobile trail cut there but it definitely won't be groomed). At mile 2 the course makes a drastic turn down. Thru the woods zigzagging around trees until you pop out onto a large open fairway lined with million dollar homes. Once to the bottom you cross a road into a large open meadow. Here you pass some frozen ponds leading back to the start (this section is groomed). Once you connect with the start you head back into the un-groomed tree line for 1/2 mile until you pop out on the other side of the meadow. On the meadow you go on a groomed run. Mile 4.5 to 5.5 will be un-groomed fresh powder (very demanding for the leaders). The last 900 meters will be groomed, flat and open for a mad dash to the finish.

2004 Nike ACG U. S. National Snowshoe Championships

Sunday March 7th, 2004

Resort at Squaw Creek, Olympic Valley, California

Results

Junior (19 yrs. of age and under) Girls 5km:

| Place | Name | Time | State | |
|--------------|-------------------|-------------|--------------|------------------------|
| 1 | Mary Brown | 42:08 | Alaska | National Champion/Team |
| 2 | Breanna Gunnarson | 42:53 | Colorado | National Team |

Junior (19 yrs. of age and under) Boys 5km:

| Place | Name | Time | State | |
|--------------|-------------------|-------------|--------------|------------------------|
| 1 | Nathaniel Grabman | 27:24 | Alaska | National Champion/Team |
| 2 | Nicholas Wujciak | 30:37 | New York | National Team |
| 3 | Terence Meehan | 38:28 | New York | National Team |

Men's & Women's 10km:

Top 5 Overall Women:

| Place | Name | Time | State | |
|-------|-----------------|-------|---------------|------------------------|
| 1 | Nikki Kimball | 47:31 | New York | National Champion/Team |
| 2 | Anita Ortiz | 48:31 | Colorado | National Team |
| 3 | Helen Cospolich | 50:10 | Colorado | National Team |
| 4 | Sarah Raitter | 53:21 | Oregon | National Team |
| 5 | Kelli Lusk | 53:57 | Massachusetts | National Team |

Top 5 Overall Men:

| Place | Name | Time | State | |
|-------|------------------|-------|---------------|------------------------|
| 1 | Greg Krause | 40:07 | Colorado | National Champion/Team |
| 2 | Paul Low | 40:25 | Massachusetts | National Team |
| 3 | Bernie Boettcher | 40:55 | Colorado | National Team |
| 4 | Charlie Wertheim | 41:27 | Colorado | National Team |
| 5 | Max King | 41:49 | Oregon | National Team |

Open Women:

| Place | Name | Time | State | |
|-------|---------------------|-------|---------------|--------------|
| 1 | Julie Ubchachon | 54:20 | Alaska | All-American |
| 2 | Haley Beann | 55:18 | Colorado | All-American |
| 3 | Katie Arnot | 55:45 | Colorado | All-American |
| 4 | Karen Melliar-Smith | 55:55 | Colorado | All-American |
| 5 | Kara Haas | 56:10 | Massachusetts | All-American |

Open Men:

| Place | Name | Time | State | |
|-------|---------------|-------|------------|--------------|
| 1 | Travis Macy | 42:27 | Colorado | All-American |
| 2 | Dave Mackey | 42:34 | Colorado | All-American |
| 3 | Chris Gilbert | 42:40 | California | All-American |
| 4 | Bill Raitter | 42:53 | Oregon | All-American |
| 5 | Peter Fain | 42:56 | California | All-American |

Masters Women:

| Place | Name | Time | State | |
|-------|-----------------|---------|------------|--------------|
| 1 | Laurie Lambert | 55:24 | Texas | All-American |
| 2 | Janice Morra | 58:11 | New York | All-American |
| 3 | Jeanne Blatter | 1:06.35 | Colorado | All-American |
| 4 | Patty Jo Struve | 1:08.56 | California | All-American |

5 Staci Baker 1:13.38 Nevada All-American

Masters Men:

| Place | Name | Time | State | |
|--------------|----------------|-------------|---------------|--------------|
| 1 | Tom Borschel | 44:41 | Idaho | All-American |
| 2 | Dan Verington | 45:27 | Massachusetts | All-American |
| 3 | Wayne Cottrell | 50:52 | Utah | All-American |
| 4 | Andy Crisconi | 54:18 | Colorado | All-American |
| 5 | Timmy Dusick | 54:47 | Wisconsin | All-American |

Senior Women:

| Place | Name | Time | State | |
|--------------|-----------------|-------------|--------------|--------------|
| 1 | Carol Kane | 1:08.40 | Connecticut | All-American |
| 2 | Shane Holonitch | 1:08.47 | Colorado | All-American |
| 3 | Jo-Ann Spinelli | NT | New York | All-American |
| 4 | Chary Griffin | 1:24.33 | New York | All-American |

Senior Men:

| Place | Name | Time | State | |
|--------------|-----------------|-------------|--------------|--------------|
| 1 | Mark Macy | 51:15 | Colorado | All-American |
| 2 | Brent Weigner | 53:53 | Wyoming | All-American |
| 3 | Robert J. Creer | 57:01 | Utah | All-American |
| 4 | Bill Hamlin | 59:56 | Washington | All-American |
| 5 | Dave Delano | 1:08.10 | New York | All-American |

Veteran Men:

| Place | Name | Time | State | |
|--------------|-------------|-------------|--------------|--------------|
| 1 | John Pelton | 1:01.54 | Vermont | All-American |
| 2 | Dan Kiely | 1:18.23 | California | All-American |
| 3 | Bob Durband | 1:32.36 | Minnesota | All-American |

Regional Team Championship Scoring

Regional Team Scoring; the top 5 finishers from each region are scored by their place of finish, hence, low score wins

Women:

| Place | Region | Points |
|--------------|----------------|---------------|
| 1 | Rocky Mountain | 29 |

| | | |
|---|---------------|------------|
| 2 | Northeastern | 45 |
| 3 | Western | 65 |
| 4 | North Central | Incomplete |
| 5 | Alaskan | Incomplete |

Men:

| Place | Region | Points |
|--------------|----------------|---------------|
| 1 | Rocky Mountain | 21 |
| 2 | Western | 45 |
| 3 | Northeastern | 54 |
| 4 | North Central | Incomplete |
| 5 | Alaskan | Incomplete |

2004 Nike ACG Championship
Complete Serial Results of Finish

Junior 5k Event

| Place | Name | Home | Time | Place in Age Group |
|--------------|-------------------|-------------|-------------|---------------------------|
| 1 | Nathaniel Grabman | Alaska | 27:24 | Natl Champ & Natl Team |
| 2 | Nicholas Wujciak | New York | 30:37 | Second & Natl Team |
| 3 | Terence Meehan | New York | 38:28 | Third & Natl Team |
| 4 | Mary Brown | Alaska | 42:08 | Natl Champ & Natl Team |
| 5 | Breanna Gunnarson | Colorado | 42:53 | Second & Natl Team |

10k Event

| Place | Name | Home | Time | Place in Age Group |
|--------------|------------------|---------------|-------------|---------------------------|
| 1 | Greg Krause | Colorado | 40:07 | Natl Champ & Natl Team |
| 2 | Paul Low | Massachusetts | 40:25 | 2nd & Natl Team |
| 3 | Bernie Boettcher | Colorado | 40:55 | 3rd & Natl Team |
| 4 | Charlie Wertheim | Colorado | 41:27 | 4th & Natl Team |
| 5 | Max King | Oregon | 41:49 | 5th & Natl Team |
| 6 | Travis Macy | Colorado | 42:27 | 1st Open Male & AA |
| 7 | Dave Mackey | Colorado | 42:34 | 2nd Open Male & AA |
| 8 | Chris Gilbert | California | 42:40 | 3rd Open Male & AA |
| 9 | Bill Raitter | Oregon | 42:53 | 4th Open Male & AA |
| 10 | Peter Fain | California | 42:56 | 5th Open Male & AA |
| 11 | Ben Nephew | Massachusetts | 43:44 | 6th Open Male |
| 12 | Rich Bolt | New Hampshire | 43:54 | 7th Open Male |

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|-----------|---------------------|---------------|-------|------------------------|
| 13 | Jesse Haynes | California | 43:55 | 8th Open Male |
| 14 | Kevin Tilton | Massachusetts | 44:23 | 9th Open Male |
| 15 | Tom Borschel | Idaho | 44:41 | 1st Male Master &AA |
| 16 | Dan Verrington | Massachusetts | 45:27 | 2nd Male Master & AA |
| 17 | Eric Houghton | Michigan | 45:37 | 10th Open Male |
| 18 | Mike Decker | Michigan | 46:04 | 11th Open Male |
| 19 | Joel St. Louis | Canada | 46:22 | Male Master |
| 20 | James Pawlicki | Massachusetts | 46:41 | 12th Open Male |
| 21 | Mike McManus | Oregon | 47:08 | 13th Open Male |
| 22 | Matt Cartier | Massachusetts | 47:17 | 14th Open Male |
| 23 | Nikki Kimball | New York | 47:31 | Natl Champ & Natl Team |
| 24 | Mark Churchill | Vermont | 48:37 | 15th Open Male |
| 25 | Anita Ortiz | Colorado | 48:47 | 2nd & Natl Team |
| 26 | Aaron Robertson | New York | 48:56 | 16th Open Male |
| 27 | Mark Burgess | Colorado | 48:59 | 17th Open Male |
| 28 | Gerell Elliott | California | 49:23 | 18th Open Male |
| 29 | Ross McMahon | Nevada | 49:47 | 19th Open Male |
| 30 | Helen Cospolich | Colorado | 50:10 | 3rd & Natl Team |
| 31 | Adam Chase | Colorado | 50:49 | 20th Open Male |
| 32 | Wayne Cottrell | Utah | 50:52 | 3rd Male Master & AA |
| 33 | Mark Macy | Colorado | 51:15 | 1st Male Senior & AA |
| 34 | Eric Bohn | California | 51:50 | 21st Open Male |
| 35 | Matt Dougherty | New York | 52:59 | 22nd Open Male |
| 36 | Sarah Raitter | Oregon | 53:21 | 4th & Natl Team |
| 37 | Jeff Jewell | Colorado | 53:45 | 23rd Open Male |
| 38 | Brent Weigner | Wyoming | 53:53 | 2nd Male Senior &AA |
| 39 | Kelli Lusk | Massachusetts | 53:57 | 5th & Natl Team |
| 40 | Andy Crisconi | Colorado | 54:18 | 4th Male Master & AA |
| 41 | Julie Udchachon | Alaska | 54:20 | 1st Open Women & AA |
| 42 | Timmy Dusick | Wisconsin | 54:47 | 5th Male Master & AA |
| 43 | Haley Beann | Colorado | 55:18 | 2nd Open Women & AA |
| 44 | Laurie Lambert | Texas | 55:24 | 1st Master Women |
| 45 | Britt Brewer | Massachusetts | 55:35 | 6th Male Master |
| 46 | Mark Rickman | Colorado | 55:39 | 7th Male Master |
| 47 | Katie Arnot | Colorado | 55:45 | 3rd Open Women &AA |
| 48 | Karen Melliar-Smith | Colorado | 55:55 | 4th Open Women & AA |
| 49 | Kara Hass | Massachusetts | 56:10 | 5th Open Women & AA |
| 50 | Cynthia Brochman | Minnesota | 56:34 | 6th Open Women |
| 51 | Robert J. Creer | Utah | 57:01 | 3rd Male Senior & AA |
| 52 | James Boese | Colorado | 57:12 | 8th Male Master |
| 53 | Rudy Failing | California | 57:31 | 7th Open Women |

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|----|-----------------------|---------------|---------|-----------------------|
| 54 | Jules Embry-Pelerine | New York | 58:00 | 24th Open Male |
| 55 | Janice Morra | New York | 58:11 | 2nd Master Women & AA |
| 56 | Bill Hamlin | Washington | 59:46 | 4th Senior Male & AA |
| 57 | Cait Boyd-Hilmer | Colorado | 59:57 | 8th Open Women |
| 58 | Jeff Jager | California | 1:00.08 | 25th Open Male |
| 59 | Sarah Calva | Nevada | 1:00.22 | 9th Open Woman |
| 60 | Phil Borgese | New York | 1:00.33 | 9th Open Master |
| 61 | Grae Van Hooser | Nevada | 1:01.20 | 10th Male Master |
| 62 | John Pelton | Vermont | 1:01.54 | 1st Veteran Male & AA |
| 63 | Tere' Stouffer-Drenth | Michigan | 1:01.58 | 10th Open Women |
| 64 | Stu Douglas | New York | 1:02.29 | 26th Open Male |
| 65 | Hal Needham | New York | 1:05.52 | 27th Open Male |
| 66 | Jeanne Blatter | Colorado | 1:06.35 | 3rd Master Women & AA |
| 67 | Charles Dupuy | Canada | 1:07.16 | 28th Male Open |
| 68 | Dave Delano | New York | 1:08.10 | 5th Senior Male & AA |
| 69 | Rick Bohr | Oregon | 1:08.38 | 11th Master Male |
| 70 | Carol Kane | Connecticut | 1:08.40 | 1st Senior Women & AA |
| 71 | Ken Hoffman | California | 1:08.42 | 12th Male Master |
| 72 | Shane Holonitch | California | 1:08.47 | 2nd Senior Women & AA |
| 73 | Dave Van Wicklin | California | 1:08.49 | 6th Senior Male |
| 74 | Patty Jo Struve | California | 1:08.56 | 4th Women Master & AA |
| 75 | Jo-Ann Spinelli | New York | NT | 3rd Senior Women & AA |
| 76 | Staci Baker | Nevada | 1:13.38 | 5th Master Women & AA |
| 77 | Andrea Kinzey-Wheeler | Colorado | 1:14.51 | 6th Master Women |
| 78 | Jona Hattlestad | Wisconsin | 1:17.44 | 11th Open Women |
| 79 | Dan Kiely | California | 1:18.23 | 2nd Veteran Male & AA |
| 80 | Laurel Shortell | Massachusetts | 1:20.33 | 12th Open Woman |
| 81 | Chary Griffin | New York | 1:24.33 | 4th Senior Women & AA |
| 82 | Bob Durband | Minnesota | 1:32.36 | 3rd Male Veteran & AA |

List of Athletes who Qualified to Participate

| JUNIOR BOYS: | | JUNIOR GIRLS: | |
|---------------------|---------------|----------------------|---------------|
| Name | Region | Name | Region |
| Damon Paul | North Central | Alexandrea Platias | North Central |
| Nick Wujciak | Northeastern | Jacquelyn Zehl | Northeastern |
| Curran Niederbuhl | Northeastern | Mary Brown | Alaska |
| Cole Barthold | Northeastern | Colleen Cronin | North Central |
| Terence Meehan | Northeastern | Breanna Gunnarson | Rocky Mtn. |
| Jeremy Dunham | Northeastern | | |
| Seth Vollrath | North Central | | |

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|-------------------------|----------------------|
| Nathaniel Grabman | Alaska |
| Todd Hanke | North Central |
| Karl Hanke | North Central |
| <u>OPEN MEN:</u> | |
| <u>Name</u> | <u>Region</u> |
| Josiah Middaugh | Rocky Mtn. |
| Greg Krause | Rocky Mtn. |
| Travis Macy | Rocky Mtn. |
| Yaru Middaugh | Rocky Mtn. |
| Robert Gardner | Rocky Mtn. |
| Adam Chase | Rocky Mtn. |
| Jeff Jewell | Rocky Mtn. |
| Mark Miller | Rocky Mtn. |
| Brett Landin | Rocky Mtn. |
| Peter Fain | Western |
| Chris Gilbert | Western |
| Jesse Haynes | Western |
| Eric Bohn | Western |
| Gerell Elliott | Western |
| Walter Gorski | Western |
| Kevin Steele | Western |
| Tony Hawkes | Western |
| Jeff Jager | Western |
| Max King | Western |
| Bill Raitter | Western |
| Mike McManus | Western |
| Mike Decker | North Central |
| Robert Haveman | North Central |
| Eric Houghton | North Central |
| Ryan Duffy | North Central |
| Rich Bolt | Northeastern |
| Eric Morse | Northeastern |
| Mark Churchill | Northeastern |
| Kevin Tilton | Northeastern |
| James Pawlicki | Northeastern |
| Dave Dunham | Northeastern |

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| <u>OPEN WOMEN:</u> | |
| <u>Name</u> | <u>Region</u> |
| Danelle Ballangee | Rocky Mtn. |
| Allison Furey | Northeastern |
| Sylvia Corbett | Rocky Mtn |
| Lisa Isom | Rocky Mtn |
| Louisa Jenkins | Rocky Mtn |
| Karen Miller Smith | Rocky Mtn |
| Cait Boyd-Hilmer | Rocky Mtn |
| Ruby Failing | Western |
| Angela Costamagna | Western |
| Maureen McMahon | Western |
| Tere Stouffer-Drenth | N.Central |
| Jennifer Rapaport | Northeastern |
| Nikki Kimball | Northeastern |
| Kara Haas | Northeastern |
| Angie DeFilippi | Northeastern |
| Sarah Raitter | Western |
| Kelli Lusk | Northeastern |
| Helen Cospolich | Rocky Mtn. |
| Michelle Mitchell | Alaska |
| Julie Udchachon | Alaska |
| Lisa Jhung | Rocky Mtn. |
| Jennifer Shultis | Northeastern |
| Stephanie Nephew | Northeastern |
| Laurel Shortell | Northeastern |
| Katie Arnot | Rocky Mtn. |
| Haley Beann | Rocky Mtn. |
| Ruth Vesler | Rocky Mtn. |
| Cynthia Brochman | North Central |
| Erin Ward | North Central |
| Jona Hattlestad | North Central |
| Anita Ortiz | Rocky Mtn |

| | |
|----------------------------|----------------------|
| Curt Kreiger | North Central |
| <u>VETERAN MEN:</u> | |
| <u>Name</u> | <u>Region</u> |
| Dan Kiely | Western |
| John Pelton | Northeastern |
| Wayne Nicoll | Northeastern |
| Bob Massaro | Northeastern |
| Bob Durband | North Central |
| David Arthur Block | North Central |

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|------------------------------|----------------------|
| | |
| <u>VETERAN WOMEN:</u> | |
| <u>Name</u> | <u>Region</u> |
| Roddie Larson | North Central |
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* **NOTE:** International athletes may qualify to participate in the U.S. National Snowshoe Championships. However, they do not displace U.S. athletes at the Regional Qualifying events, nor are they eligible to receive awards at the National Championships event(s).

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